

## ● SUCCESS STORY

### Journey's Way

Journey's Way, Resources & Programs for People 55+, is the aging services department of Intercommunity Action (INTERAC). INTERAC, a not-for-profit organization, also has Behavioral Health and Intellectual Services departments.

Journey's Way offers a rich array of innovative resources and programs for Philadelphians age 55+ to enrich their lives in their communities and to support them through life's challenges. Programs are now located on a square block campus in the Northwest Philadelphia community of Roxborough.

The Center at Journey's Way offers a wide range of classes, programs and services for independent older adults. Some examples are technology classes/tutoring, housing counseling, nutrition and health insurance consultations, lunch, and vegetable gardening. The Neighbor to Neighbor program helps elders stay safe and secure in their homes by providing volunteer assistance with small jobs and friendly visiting.

Adult Day Services at Journey's Way provide support for older adults who are having difficulty managing, and also for their caregivers. Adult Day Services provide a therapeutic, caring, friendly environment with medical supervision, individualized assistance, meals, and stimulating activities.

The Geriatric Counseling Service brings support to older adults who are unable to use traditional behavioral health services. Counseling is provided by clinicians in people's homes and at 15 community sites located throughout the city. "Touching Lives Over 55" trains volunteers to lead peer discussion groups on issues of aging. Journey's

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# EMERGENCY FUND COALITION BULLETIN

News and resources for those serving emergency needs of older Philadelphians

SPRING 2011

## Annual EFC Luncheon June 3 to Focus on Economic Security for Aging

Mark your calendars and send in your RSVP (by May 20) for the EFC's 22nd Anniversary Luncheon! The luncheon will be held Friday, June 3 from 11:30 a.m. to 2 p.m. at Canstatter's Catering, 9130 Academy Road in Philadelphia. The luncheon subcommittee has worked very hard to create an interesting and relevant program for our annual fund-raising and networking event. This year, we are pleased to have Marci Phillips, director of public policy and advocacy for National Council on

Aging (NCOA), as our guest presenter. Marci will talk about NCOA's Economic Security Initiative, which provides services to people aged 65+ who are struggling financially and having difficulty making ends meet. Our host will be Kathleen Bryson of Consumer Credit Counseling Service of Delaware Valley, and Nayda Pagan-Piazza, PCA Long Term Care Options supervisor will provide remarks. The festivities will include the ever-popular silent auction, 50/50 cash drawing and raffles.

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## ● DEAR READER

Dear Reader,

Now that the snowy winter is behind us and summer is approaching, the Emergency Fund Coalition can look ahead to its annual luncheon and silent auction fundraiser.

This year, the luncheon committee chose a new venue to host the annual event. The 2011 luncheon will be held Friday, June 3 from 11:30 a.m. to 2 p.m. at Cannstatter's Catering, 9130 Academy Road, in Northeast Philadelphia. Located just off of I-95 at the Academy Road exit, Cannstatter's is a very nice place. It is spacious, with ample parking and good food.

Our featured speaker will be Marci Phillips, director of public policy and advocacy at National Council on Aging (NCOA). The topic, NCOA's Economic Security Initiative, is very timely in light of the coalition's mission to aid seniors in crisis.

Our entertainment segment features members of the Delaware Valley Opera Company, who will be presenting 'The Best of Broadway.'

For more information, see full article above. To attend, please contact Rick Spector at 215-765-9000, ext. 4247 or by email at [rspector@pcaphl.org](mailto:rspector@pcaphl.org).

Once again, the Emergency Fund Coalition participated successfully in the Greater Philadelphia Coalition Against Hunger's annual Walk/Run Against Hunger on Saturday, April 9. Thank you to all of the individuals and groups who participated! Proceeds will benefit the Emergency Food Fund. Many seniors have difficulty purchasing food, especially because of the recent dramatic increase in fuel prices. Therefore, your support at this time is especially appreciated.

See you at our June 3 luncheon and next year at the walk!

Sincerely,



Darryl T. Averett  
North City Congress, Coalition Co-chair



Charles Brown  
Philadelphia Senior Center, Coalition Co-chair

## Journey's Way

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Way is the proud recipient of the 2011 Geriatric Mental Health Foundation Deidre Johnston Award for these two programs.

Pensdale Village I and II offers affordable housing with 102 apartments for adults age 62+. A Journey's Way social worker assures that residents are connected to center activities, services, and needed entitlements and benefits.

Submitted by: Mark Weber, center counselor

For more information:

215-487-1750

[www.journeys-way.org](http://www.journeys-way.org)

Journey's Way

403 Rector St.

Philadelphia, PA 19128

## Annual EFC Luncheon, June 3

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Live entertainment will be provided by pianist Wojciech Hollender and the Delaware Valley Opera Company.

Our sponsors include Bravo Health Pennsylvania, PECO, Albert Einstein Healthcare Network – Premier Years Program, Independence Blue Cross, MedCare LTC, and NewCourtland.

Special thanks to EFC committee members Darryl Averett, North City Congress; Charles Brown, Philadelphia Senior Center; Susan Hoffman, Jewish Community Centers; Cathy Schiman, CARIE; and Debbie Merlin, Mayor's Commission on Services to the Aging for planning this year's event.

As always, proceeds from this event benefit the Emergency Fund, making future aid to Philadelphia's elderly possible. So, we hope to see you all on June 3!

# Seniors Invited to 'Celebrate Arts & Aging' This Month with Free Events & Discounts!



Philadelphia Corporation for Aging presents 'Celebrate Arts & Aging' to mark Older Americans Month in May. The annual arts celebration offers seniors a variety of opportunities to make and experience art, including three exhibits of artwork by artists, age 55+. The exhibits are free and open to the public at:

**Free Library of Philadelphia,**  
1901 Vine Street – Monday through Thursday, 9 a.m. to 9 p.m.

**Philadelphia Senior Center,**  
509 S. Broad Street – Monday through Friday, 9 a.m. to 4 p.m.

**Center on the Hill...**the place for active adults, 8855 Germantown Ave. – Monday through Friday, 9 a.m. to 5 p.m. and Sunday, 9 a.m. to 1 p.m.

'Celebrate Arts & Aging' also features a full schedule of classes and workshops for seniors and senior discounts for theater and concert performances, museums, art galleries, and more.

Discount coupons and event listings are available in the May 2011 issue of PCA's *Milestones* newspaper and online at [www.phillyfunguide.com/celebrate](http://www.phillyfunguide.com/celebrate). For more information, call the PCA Helpline at 215-765-9040.

Help spread the word and encourage seniors to 'Celebrate Arts and Aging' in May!

*Partial support for 'Celebrate Arts & Aging' is provided by PECO and Phillyfunguide.*

## ● CASE STUDY

### West Philadelphia Senior Community Center

Submitted by: Barbara Russell, Social Worker

Ms. A. is an 89-year-old woman who lives alone in a three-story home. She attends the West Philadelphia Senior Community Center at least two times each week.

When asked why she always seemed cold, even when wearing layers of clothing, it was discovered that Ms. A. did not have any heating oil and appeared to have been without heat for several weeks. Ms. A. indicated that her usual fuel supplier had refused to deliver oil without full payment. With her limited funds, she was unable to pay for fuel at the time, which was at the

coldest part of the winter season. Ms. A. stated that she had a heater upstairs, but could not carry it back and forth.

As a result of her situation, West Philadelphia Senior Community Center's Counseling Office immediately sent in a request to the PCA Emergency Fund to obtain home heating oil for Ms. A. The oil was delivered the next morning. In addition to help from the Emergency Fund, a referral was made through the PCA Helpline, and Ms. A. now receives much-needed supportive services through Philadelphia Corporation for Aging.

## ● EFC MEMBERS

- AGAPE AFRICAN SENIOR CITIZENS CENTER
- 
- BAYADA NURSES
- 
- ALBERT EINSTEIN MEDICAL CENTER
- 
- CENTER FOR ADVOCACY FOR THE RIGHTS AND INTERESTS OF THE ELDERLY (CARIE)
- 
- THE CONSORTIUM, INC.
- 
- CONSUMER CREDIT COUNSELING SERVICE OF DELAWARE VALLEY
- 
- HADDINGTON MULTI-SERVICES FOR OLDER ADULTS, INC.
- 
- THE HEALTHY CAREGIVER FOUNDATION
- 
- INTERCOMMUNITY ACTION (CENTER AT JOURNEY'S WAY)
- 
- KLEIN AND STIFFEL JEWISH COMMUNITY CENTERS
- 
- JEWISH FAMILY AND CHILDREN'S SERVICE OF GREATER PHILADELPHIA
- 
- LIBERTY LUTHERAN SERVICES/LUTHERAN CHILDREN AND FAMILY SERVICE
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- MAYOR'S COMMISSION ON SERVICES TO THE AGING
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- NEWCOURTLAND
- 
- NORTH CENTRAL VICTIM SERVICES
- 
- NORTH CITY CONGRESS
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- PACIFIC RIM RESOURCE CENTER
- 
- PHILADELPHIA CORPORATION FOR AGING (PCA)
- 
- PHILADELPHIA SENIOR CENTER
- 
- PHILIP JAIHOHN MEMORIAL CENTER
- 
- POLISH AMERICAN SOCIAL SERVICES
- 
- THE SALVATION ARMY
- 
- SENIORLAW CENTER
- 
- UTILITY EMERGENCY SERVICES FUND

